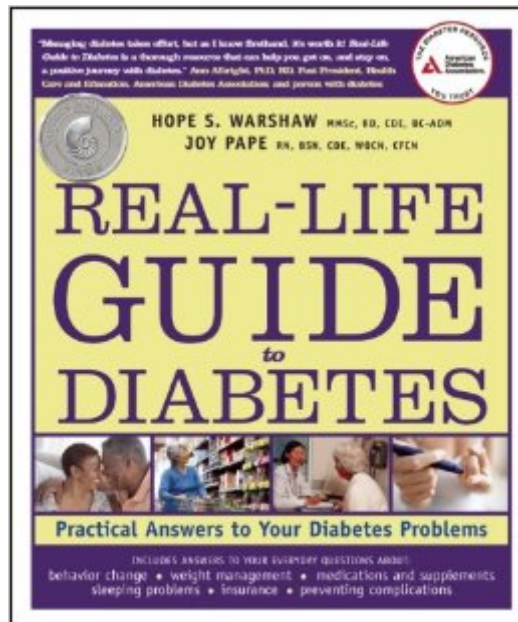


The book was found

Real-Life Guide To Diabetes: Practical Answers To Your Diabetes Problems



Synopsis

Here's everything you need to know about diabetes in a one-of-a-kind book packed with information you won't find anywhere else. Using an easy-to-search format, Real-Life Guide to Diabetes lets you find the answers to your most pressing questions quickly and easily. Other books give you complex systems to manage your diabetes, but those rarely work in real life - it's time for a more realistic approach.

Book Information

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Customer Reviews

I remember the day I was first diagnosed with Diabetes. I immediately went to my local bookstore to get information. There were books for Type 1, and Type 2, counting carbs, cooking, and baking with sugar substitutes. But there wasn't a book to answer all of the questions that were popping into my head. A book for "dummies" gave me very general information, no different than the small brochure that my general practitioner gave to me. I needed much more information than that. Two years after my diagnosis, such a book has been written. REAL-LIFE GUIDE TO DIABETES: Practical Answers To Your Diabetes Problems. Hope Warshaw and Joy Pape are the authors of this amazing book. Hope and Joy are both Certified Diabetes Educators with tons of experience and have been the authors of many books on Diabetes care. Joy is also a Type 1, herself, so she knows the difficulties of living with diabetes (and I mean LIVING). The book is fresh, and new. It isn't laid out like any diabetes book you've read in the past, it flows freely from one subject to another. With the information in boxes, it is easy and fun to read! Full of color pictures, tips, and solutions. Sections

included are: Build Your Strong Foundations, Create Your Real-Life Diabetes Plan, and When Life Happens. These are LIVING with Diabetes subjects, and truly the information that is needed for Today's Diabetes. My favorite part was the Wonder? areas. I wish that I'd had these practical answers to all the questions that had been running through my head when I was first diagnosed. These are in boxes throughout the book, just in the right place you are looking for them.

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